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DR. JEFFREY WASSERMAN OF PINNACLE PAIN MEDICINE IS FIRST IN NORTH TEXAS TO
OFFER *mild*[®] FOR
TREATING COMMON CAUSE OF LOWER BACK PAIN

Novel Procedure Provides New Option for Lumbar Spinal Stenosis Sufferers

Wednesday, November 17, 2010 – More than one million people are diagnosed and treated for lumbar spinal stenosis (LSS) each year in the United States.¹ A degenerative, age-related condition, LSS is a narrowing of the lower spinal canal that causes pressure on the nerves and leads to pain and immobility. Now Pinnacle Pain Medicine is offering LSS patients *MILD*, a groundbreaking new procedure that safely and therapeutically reduces pain and improves mobility while maintaining the spine’s structural stability.

MILD (minimally invasive lumbar decompression) provides relief for patients by removing a primary cause of LSS. During the procedure, the physician uses *mild* devices to remove small pieces of bone and the tissue causing the pressure on the nerves. Performed under image guidance through a 5.1 mm *mild* Portal (about the diameter of a pencil), *mild* requires only an adhesive bandage for closure. Many patients report immediate relief, and most go home the same day.

“*MILD* gives lumbar spinal stenosis (LSS) patients a proven option for treating their symptoms with immediate recovery” said Dr. Jeffrey Wasserman, MD, a pain physician who performed *MILD* at a North Dallas hospital in early November. “After failure to respond to conservative treatments, LSS patients previously had no other options for therapy other than major open-incision surgery with prolonged recovery. In addition, many patients with LSS who have significant medical problems are not candidates for major surgery but can still undergo a *MILD* procedure. *MILD* offers many LSS patients a new treatment option with a band-aid for a dressing!”

A less invasive alternative to open or endoscopic surgery, *mild* was developed to provide a safe therapeutic solution earlier in the treatment continuum. The procedure may be appropriate for those who are no longer responding to conservative care (physical therapy, acupuncture, chiropractic) or symptom management (medications, epidural steroid

injections [ESIs], pain pumps), but who may not be candidates for more invasive lumbar spine decompression surgeries or fusion.

Peggy Morris of Dallas, one of the first North Texas patients to undergo the procedure notes “Within a few days, I was able to straighten my legs for the first time in years ! The strength improved, and leg pain diminished. I am now incredibly optimistic about my level of functioning.”

The *mild* procedure and devices have been proven safe and effective in several clinical studies.^{2,3} Data have shown that *mild* patients experienced consistent, statistically significant improvement in pain and function as well as physical well-being following treatment.³ No major adverse events related to the devices or the procedure have been reported.^{2,3}

For more information, please call 972-572-6101. Additional information is available at www.vertosmed.com or by calling 877-958-6227.

About Pinnacle Pain Medicine

Pinnacle Pain Medicine, a division of Pinnacle Partners In Medicine, is one of the nation’s premier physician groups in relieving persistent and debilitating pain suffered by patients. Each of our 20+ physicians are board certified and have extensive experience relieving pain. We practice in a comprehensive pain medicine model utilizing state-of-the-art treatments, techniques and medications throughout Dallas-Ft. Worth and Austin, Texas.

About Vertos Medical Inc.

Vertos Medical was founded to advance the treatment of patients suffering with LSS. Its proprietary platform technologies include *mild*, which offers a therapeutic intervention to treat LSS and achieve lumbar spine decompression. For more information, visit www.vertosmed.com.

* Cleared for lumbar decompression, Vertos *mild* is designed to treat lumbar spinal stenosis (LSS).

¹ Derived from CMS longitudinal database.

² Deer T., et al. New image-guided ultra-minimally invasive lumbar decompression method: the *mild* procedure. *Pain Physician* 2010; 13:35-41.

³ Caraway, D. MiDAS I (*mild* Decompression Alternative to open Surgery: 12-week follow-up of a prospective, multi-center clinical study. International Spine Intervention Society 18th Annual Scientific Meeting, July 2010.

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